

National Virtual Village Gathering 2023



October 3-4, 2023

All provided presentations, videos and other materials from this event are contained in this document.



Tuesday, October 3

11:00-11:15 – Welcome

Presenters: VtV Network Executive Director Barbara Sullivan; Board President Dr. William Kincaid

Video: <https://youtu.be/bSO77F8uRcl>

11:15-12:15 – AARP Age Friendly Communities and Villages

Presenters: Rodney Harrell, Vice President of Family, Home and Community at AARP Public Policy Institute; Bill Armbruster, Senior Advisor, Livable Communities at AARP Livable Communities Programs; Tim Murphy, Policy Advisor, Housing and Livable Communities at AARP Public Policy Institute

Presentation: https://drive.google.com/file/d/1tRS8INGDmO3lQvxnHS6EO-Bz2T_2x2mS/view?usp=sharing

Video: <https://youtu.be/bSO77F8uRcl?t=91>

12:15-1:00 – Breakout Sessions

1A: Challenges and Advantages of All-Volunteer Villages

Presenters: William Knuff and Pat Murray (Groton Neighbors/Cleveland Westside Village)

Description: Rationale for adopting an all-volunteer model. Unique challenges for all-volunteer Villages.

Presentation: <https://docs.google.com/presentation/d/1fAoZhvOOlob5b5r1Efb2jhdvRq6qjGsQAIWp79kiERA/edit?usp=sharing>

Video: <https://youtu.be/oXT1hTBnZ20>

1B: 10 Tips for Effective Grant Writing for Villages

Presenter: Carol Hegeman, Neighbors of Northern Colombia County

Description: Grant writing workshop.

Presentation: <https://docs.google.com/presentation/d/1bBxzqzQ2q8OgqmVsbNDS7B1RdxamR7i0tiEXVIKUeMw/edit?usp=sharing>

Video: <https://youtu.be/IDRpVTrrul4>

1C: The Challenge of Executive Transition

Presenter: Paula Lettice, Mount Vernon at Home

Description: How to plan and execute a professional and thorough transition to a new CEO and/or staff.

Presentation: https://docs.google.com/presentation/d/1lgds_PnDPVpcaUOecSOjjTLrhlh1fXJTyrVReg1VKbrAQ/edit?usp=sharing

Video: <https://youtu.be/JaXX2x5ppbA>

1D: Social Fit, A Program to Promote Physical Fitness of our Members

Presenters: Sally Kimball, Gail Kahl, Kathy Maher, (Seabrook Island Village)

Description: A program to promote physical fitness.

Presentation (full YouTube video): <https://youtu.be/OEJCCTXuQ4Y>

Video: <https://youtu.be/MAA5XVMCeRI>

1:15-2:00 – Breakout Sessions

2A: How to Create, Develop and lead a Village Group on Aging, Death and Dying

Presenter: Chris Palmer, Bethesda Metro Area Village

Description: Program development empowering Villages to help their members deal with aging issues.

Materials:https://drive.google.com/drive/folders/1eXb5eM3pJMpTa6BjJMTfTIWsFNVtE_kl?usp=sharing

Video: <https://youtu.be/WxVyflrO72k>

2B: More Than LGB: Expanding the Conversation Around LGBTQ+ Aging

Presenters: Sophia Ross, Capitol Hill Village

Description: Member and volunteer recruitment, DEI in your community, data collection, engagement and advocacy.

Presentation:<https://docs.google.com/presentation/d/1PlppwnOsPtJnmRE2A5OVJeJzducRhfUIXcaXzxR2HTQ/edit?usp=sharing>

Video: <https://youtu.be/TI-CH0su6t0>

2C: Technology workshop - RunMyVillage

Presenters: Dan Ehrmann, RunMyVillage

Description: Workshop on software to help run your Village.

Video about ClubExpress: <https://www.youtube.com/watch?v=S3QRUWceOYw>

Video about RunMyVillage: <https://www.youtube.com/watch?v=xK-yAXGBI7c>

Website: <https://runmyvillage.com>

2D: Developing a Living Solo Group

Presenters: Sara Sheets and Gerry Lukos, Viva Village

Description: How to develop and sustain a living solo group.

Presentation:<https://docs.google.com/presentation/d/1iiR7FE-GVCLY5GTwYAF2OYf697-RMNTTrisNtOt-SO9g/edit?usp=sharing>

Video: <https://youtu.be/TFzkmCjoh4U>

2:00-3:00 – Encouraging Village Diversity

Presenters: Wendy Zenker, Arlington Neighborhood Village; Andy Pollock, Coastal Neighbors Network; Kathryn Ishizu, Lamorinda Village; Stephanie Chong, Northwest Neighbors Village

Description: Explore how four Villages are expanding their membership and volunteers to better reflect the diversity of their communities.

Presentation:https://docs.google.com/presentation/d/1M1Py3vy2_0zcNf_KMz4HNjoM8eveclzkTt9EsWmCHH4/edit?usp=sharing

Video: https://youtu.be/zpScsEC0_yU?t=25

3:00-3:15 – GoGo Quincy Presentation

Video: https://youtu.be/zpScsEC0_yU?t=3836

3:15-4:15 – Legislative Update

Presenter: Robert Blancato

Presentation:https://docs.google.com/presentation/d/1G0vuCaF4-A5TPdRaNtOV_IJ-lzUEXNvvUZ1Amri4HI0/edit?usp=sharing

Video: https://youtu.be/zpScsEC0_yU?t=4402

Wednesday, October 4

11:00-11:10 – Special Message from Alison Barkoff, ACL

Video: <https://youtu.be/HUstGCJ0D30>

11:10-12:00 – Network Updates

Presenters: Kim Grier, Project Manager and Barbara Sullivan, Executive Director

Presentation:<https://docs.google.com/presentation/d/19nLvXI9UVIMkKc3Ltl-sulfFLN8NzHWTli0loOXDsZo/edit?usp=sharing>

Video: <https://youtu.be/sIFi8QRiRX0?t=706>

12:00-12:45 – Breakout Sessions

3A: Turn The Page On Age

Presenter: Darcy Evon, The Village Chicago

Description: Age inclusion, intergenerational programs, strategic partnerships.

Presentation:<https://docs.google.com/presentation/d/1s3Aq8ERhQMjscXy1meTyH-nJgRfKh7sqS2vdVsZQLWY/edit?usp=sharing>

Video: <https://youtu.be/g-UcRWDAOdM>

3B: The Power of Virtual Programming

Presenters: Eric Leviton, VIVO and Hilary Simmons, A Little Help

Description: Customizing exercise programs to support healthy aging among Village members

Presentation:<https://drive.google.com/file/d/1wnRgg1-kmbadDhWFHLVI-vBAdzQMUNSa/view?usp=sharing>

Video: <https://youtu.be/7IYj01TlZrw>

3C: Villagers as Change-Agents

Presenters: William Emmet, Robin Sandenburgh (Mt. Pleasant Village)

Description: How One Village is Engaging Community Leaders in a new Age-Friendly Vision

Presentation:<https://docs.google.com/presentation/d/1VQT2jxUFm8WqRy7M-vzxmnnpXlds3L87EhpWzb-uWA/edit?usp=sharing>

Video: <https://youtu.be/OdovYaxY7KQ>

3D: Helpful Village technology workshop

Presenter: Manuel Acevedo, Helpful Village

Description: Demonstration on Helpful Village technology from a Village Executive Director's perspective.

Website: <https://www.helpfulvillage.com/>

1:00-1:45 – Breakout Sessions

4A: Leveraging Resources Handbook

Presenters: Carol Paquette, Arlington Neighborhood Village, Mary Jane Atwater, Lowlinc

Description: How Villages are Collaborating with their Area Agencies on Aging.

Presentation:<https://docs.google.com/presentation/d/10U5KugsM3cWquoqBmPt4ikczA30sXxslfjwMi7SXis0/edit?usp=sharing>

Video: <https://youtu.be/uxbMtZoB6A0>

4B: More Than A Meal

Presenter: Melissa Ressler, Lancaster Downtowners

Description: Collaborative Community Engagement.

Presentation:<https://docs.google.com/presentation/d/1Vw1nl6dJ2d-9Ixe4SMjL9C84LJWAA9hpzxcg5dVRbutl/edit?usp=sharing>

Video: <https://youtu.be/dQkU06iDcwE>

4C: Goodwin Living

Presenter: Jessica Fredericksen

Description: Stronger Memory program.

Video: <https://youtu.be/elOyyAgVbw0>

4D: Bricks for Better Brains

Presenter: Natalia Kasperovich, Viva Village

Description: Exploring your creativity as you build your cognitive reserve.

Presentation: <https://docs.google.com/presentation/d/1pLt5mMK8rQRTGNGWJQp5RZjTLfmlCZd7ISsLKtl5oi8/edit?usp=sharing>

Video: https://youtu.be/-y95say_n2l

1:45-2:45 – DEI and Belonging - The Business Case, the Journey

Presenters: Charlotte Dickson, Village Movement California; Katie Brandon, Sandra Moffett, Bruce Christianson, Pasadena Village

Description: DEI and strategic partnerships.

Presentation: <https://docs.google.com/presentation/d/1q85WXfzBFETsdLV1ZZple1akkcG8fINkmlqleUV7b7fM/edit?usp=sharing>

Video: <https://youtu.be/YtceAkrc828>

2:45-3:00 – Positive Aging Sourcebook

Video: <https://youtu.be/YtceAkrc828?t=3822>

3:00-4:30 – Data and Research Projects Update

Presenters: Dr. William Kincaid; Rand Corp.; Dr. Emily Greenfield, Rutgers Hub for Aging Collaboration

Presentation: https://docs.google.com/presentation/d/15O2h4Afj1NKpJCPyloxdbhTTDX2TSa_XRXjwM0jGIVg/edit?usp=sharing

Video: <https://youtu.be/YtceAkrc828?t=4460>

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